



S&F Foods, Inc.  
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## 209MC / 208BC - WHOLE GRAIN TURKEY HAM & CHEESE STUFFER

(Turkey Ham, Extra Sharp Cheese Sauce, Mozzarella Cheese & Cheddar Cheese In A Golden Crust)

Number of Servings: 80

Serving Size One Calzone: 4.8oz. (137g)

CASE - Net Weight: 24 lb, Gross Weight: 25.5 lb, Dimensions: L: 17.25" x W: 12.50" x H: 7.38", Cube: .92'

PALLET - TIHI: 8/7 = 56 Cases

**KEY**  
 MC = Mylar ovenable film  
 BC = Bulk

### Nutrition Facts Panel

Nutrition Facts	
Serving Size 1 Sandwich (136g/4.8oz)	
Servings Per Container 80	
Amount Per Serving	
<b>Calories</b> 320	Calories from fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 510mg	21%
Total Carbohydrate 32g	11%
Dietary Fiber 3g	12%
Sugars 5g	
Protein 20g	
Vitamin A 6%	Vitamin C 0%
Calcium 30%	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories Per Gram:	
Fat 9	Carbohydrate 4 Protein 4

### Ingredients

CRUST: Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Soybean Oil, Dry Yeast, Baking Soda, Baking Powder, Salt.

FILLING: Cooked Turkey Ham, Cured Turkey Thigh Meat, Chopped And Formed, Smoke Flavor Added With 7% Water Added (Cured Turkey Thigh Meat, Salt, Contains Less Than 2% Of Potassium Lactate, Brown Sugar, Sodium Tripolyphosphate, Dextrose, Sodium Diacetate, Sodium Erythorbate, Smoke Flavor, Sodium Nitrite, Water), Water, Extra Sharp Cheese Sauce Mix (Cheese Blend [Whey, Cheddar Cheese {Cultured Milk, Salt, Enzymes}, Reduced Lactose Whey, Maltodextrin, Canola Oil, Salt, Disodium Phosphate, Blue Cheese {Cultured Milk, Salt, Enzymes}, Nonfat Dry Milk, Citric Acid], Modified Food Starch, Coconut Oil, Whey, Maltodextrin, Yeast Extract, Salt, Sodium Caseinate, Annatto Extract [Color], Xanthan Gum, Citric Acid, Mono & Diglycerides, Potassium Phosphate, Disodium Inosinate), Low-Moisture Part Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Cultures And/Or Cheese Cultures, Salt, Enzymes), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto), Soy Protein Isolate, Modified Food Starch, Methylcellulose. Basted With Soybean Oil.

### Allergen Information

CONTAINS: Wheat, Soy, Milk

### Preparation & Handling Instructions

Allow to thaw prior to cooking. Cook for 12 - 15 minutes in a 325°F - 350°F convection oven.

Products appear to be cooked but are not and need to be cooked to an internal temperature of 165°F.

Keep frozen, may be refrigerated.

### Shelf Life

Shelf Life of product is 243 days when frozen and 5 days when refrigerated.

### National School Breakfast/Lunch nutritional information per serving as it applies to this product.

oz equivalent credible GRAINS	MEAT/MEAT ALTERNATE	VEGETABLE	WHOLE GRAIN	CALORIES	% OF TOTAL CALORIES		SUGAR	TRANS FAT	SODIUM
					FAT	SATURATED FAT			
2	2oz	N/A	21g	320	34%	11%	4%	0g	510mg